

The Cenas medical center is committed to improve the quality of life for patients by restoring their natural ability to sleep well, bringing joy, energy, and well-being to their daily lives. Join our multidisciplinary team (pulmonology, neurology, psychiatry, rheumatology, nutrition...) and take part in our mission to become the Swiss reference in sleep medicine, with a patient satisfaction rate of 95%, over 1000 polysomnographic recordings, and more than 6000 annual consultations !

We are a Certified Sleep Center by the «Swiss Society for Sleep Research, Sleep Medicine, and Chronobiology» (SSSSC), and recognized as a Category B training center for sleep medicine with 5 exclusive individual analysis rooms. With 30 years of expertise Cenas has a network of 21 physicians working in close collaboration and passionate about sleep-related topics.

To answer the increasing demand of our patients, we are currently seeking a :

## **FMH Psychiatrist and Psychotherapist – ASAP**

### **YOUR MISSIONS**

- Provide outpatient psychiatric and psychotherapeutic follow-up for patients with sleep disorders
- Conduct differential diagnosis of various sleep disorders
- Participate in the analysis of sleep examinations under supervision
- Practice integrated and strictly evidence-based psychotherapies in the CBT-insomnia axis
- Participate in multidisciplinary meetings and collaborate with physicians of the Cenas network
- Actively contribute to the development and implementation of dedicated treatment programs

### **YOUR PROFILE**

- FMH specialist title in psychiatry and psychotherapy or a recognized foreign equivalent title approved by MEBEKO, with authorization to bill and practice in the canton of Geneva or meeting the eligibility criteria.
- Strong interest in sleep medicine and a willingness to innovate in practice.
- Competence in conducting medical interviews as well as in psychiatric-psychotherapeutic and pharmacological evaluation and treatment.
- Experience in sleep medicine - ongoing SSSSC certification in progress.
- Experience in cognitive-behavioral therapy (CBT) psychotherapeutic care.
- Experience in MBCT/MBSR is an asset.
- Dynamism, flexibility and ability to manage stress.
- Fluency in spoken and written French.

### **OUR OFFER**

- A balance between personal and professional life with regular hours (no night shifts or weekends) and a flexible schedule
- 5 weeks of vacation for a full-time contract
- An ecosystem of professionals passionate about sleep medicine
- A pleasant working environment with 700 m2 dedicated to sleep medicine
- A company culture focused on excellence and quality human relationships
- Based in Chêne-Bourg in the Opale Tower

If this opportunity to join a recognized and rapidly growing medical institution appeals to you, please send us your application by email to [jobs@cenas.ch](mailto:jobs@cenas.ch).