

The Cenas medical center is committed to improve the quality of life for patients by restoring their natural ability to sleep well, bringing joy, energy, and well-being to their daily lives. Join our multidisciplinary team (pulmonology, neurology, psychiatry, rheumatology, nutrition...) and take part in our mission to become the Swiss reference in sleep medicine, with a patient satisfaction rate of 95%, over 1000 polysomnographic recordings, and more than 6000 annual consultations !

We are a Certified Sleep Center by the «Swiss Society for Sleep Research, Sleep Medicine, and Chronobiology» (SSSSC), and recognized as a Category B training center for sleep medicine with 5 exclusive individual analysis rooms. With 30 years of expertise Cenas has a network of 21 physicians working in close collaboration and passionate about sleep-related topics.

**To answer the increasing demand of our patients, we are currently seeking a :**

## **FMH Psychiatrist and Psychotherapist willing to get an independent status**

### **OUR OFFER INCLUDES :**

- A consultation room in the Opale Tower in Chêne-Bourg.
- Basic facilities and equipment.
- Appointment scheduling and patient reception.
- Administrative staff for billing.
- Availability of shared facilities  
*The use of consultation rooms is agreed upon in advance, and specific days are scheduled in advance between the parties.*

### **YOUR MISSIONS**

- Provide outpatient psychiatric and psychotherapeutic follow-up to patients with sleep disorders.
- Conduct differential diagnosis of various sleep disorders.
- Participate in the analysis of sleep examinations under supervision.
- Practice integrated and strictly evidence-based psychotherapies in the CBT-insomnia axis.
- Participate in multidisciplinary meetings and collaborate with physicians of the Cenas network.
- Actively contribute to the development and implementation of dedicated treatment programs.

### **YOUR PROFILE**

- FMH specialist title in psychiatry and psychotherapy or a recognized foreign equivalent title approved by MEBEKO, with authorization to bill and practice in the canton of Geneva.
- Strong interest in sleep medicine and a willingness to innovate in practice.
- Competence in conducting medical interviews as well as in psychiatric-psychotherapeutic and pharmacological evaluation and treatment.
- Experience in sleep medicine - ongoing SSSSC certification in progress.
- Experience in cognitive-behavioral therapy (CBT) psychotherapeutic care.
- Experience in MBCT/MBSR is an asset.
- Dynamism, flexibility and ability to manage stress.
- Fluency in spoken and written French.

### **OUR OFFER**

- An ecosystem of professionals passionate about sleep medicine
- A pleasant working environment with 700 m2 dedicated to sleep medicine
- Based in Chêne-Bourg in the Opale Tower

**To ensure the smooth running of our structure, we operate on a fee-based system. We are available if you would like to learn more about remuneration and benefits. If you wish to proceed and learn more, we would be delighted to have a discussion with you soon and provide you with the key details of our collaboration contract.**